

THE HOME, ITS PROBLEMS AND ITS INTERESTS



A PICTURESQUE MARIE ANTOINETTE MODE.

ly swathed and fitted bodice topped a skirt that exhibits the extreme fullness of this design, copied from the times of the very complicated scheme of trimming is effected with bouillon, bodice is decorated with either over featherbone cord or with full edged shirring in the center front and back and at the hips, serving to afford the required swathed effect. The skirt is full at the top, ending at the elbow in shirring. The skirt is full at the top, ending at the elbow in shirring. The skirt is full at the top, ending at the elbow in shirring.

NEWEST STATIONERY FOR SUMMER HOUSES MUCH ENGRAVED

re the Correct Color, Often Shaded Into Gray--Pointed Flaps on the Correct Envelopes for Square Paper.

newest and smartest stationery for summer houses this season has a decorative which a year or so ago would have been thought astonishing. That much of polite fashion is really prejudice seems proven in this instance by the fact the new designs for writing paper as attractive as can be, and do not outrun even at first glance, notwithstanding the fact that in the right hand corner is engraved the name of the stationery house, and in the left hand corner is engraved the name of the stationery house, and in the left hand corner is engraved the name of the stationery house.

On some of the country stationery a few wee engraved envelopes to represent letters take the place of the pictured telegraph wires, and besides them is indicated the name of the rural post-office.

Each of these tiny gravures is so carefully reproduced that the effect is quite charming, besides being a distinct novelty. The designs are made by one of the smartest stationers in town.

DAINTY BLOUSES MADE WHOLLY OF HANDKERCHIEFS

Fine Hemstitched Edge Forms Pretty Trimming With Lace--Diamond Effects Pretty.

More things can be made from fine linen handkerchiefs than are dreamed of by the average girl, but if she will watch the sales and buy fine hemstitched varieties she will have the sheerest of garments at comparatively little expense. This is not to say that they will be cheap, but the difference between the same quality bought ready made will be noticeable.

In these days of lingerie blouses handkerchiefs are just the thing. The narrow hemstitching is a handwork trimming, and if lace entredeux and embroidery are added there is no limit to the daintiness that may be attained.

To make a blouse it should be so arranged that the fastening comes in the back. The handkerchiefs may then be cut in two triangles each, made by folding them diagonally across the middle, giving a diamond effect to the patterns, when they are joined later, or they may be used in their original square. They should be joined by bands of Val insertion, sewed over and over with fine cotton. In order that not a scrap of the material shall be wasted, the handkerchiefs should be laid down on the paper pattern and made on it. The pattern is torn out as each part is completed.

Making Sleeves.

The sleeves are prettiest made by cutting the handkerchiefs into triangles and beginning at the top so that the three corners will form a point not far from the shoulder. Deep cuffs are formed by cutting two handkerchiefs into triangles and then joining them on the hemstitched edges so that a square is formed. This brings the hems and lace entredeux in the middle of the cuff. If desired there may be a lace top to the waist. Endless varieties may be made, as any one who knows how to sew will see as soon as the hem handkerchiefs are laid on the pattern.

Handkerchief undershirts are not new this season, but are quite the prettiest models worn. For this the handkerchiefs are cut into triangles, the hems, joined by lace bands, sewed together so that a wide long band is formed with the hems diagonally through the center. At each side of the front sew three straight bands of lace. On the bottom edge the handkerchiefs should be gathered each side of the front to make a blouse there. On the top of the front the handkerchiefs should be made to form the shoulder strap. This banding and the fronts are then edged with a ruffle of narrow lace to

match the beading and ribbons run through draw the bottom into place and hold the top. These if embroidered with little sprays of flowers either in white or natural colors make charming birthday or wedding gifts. The monogram should be worked in tiny drop letters at the upper left hand corner.

Usually borders the handkerchiefs whose centers have been worn out may be cut into dainty collar pieces. The borders are cut off either in two long strips, joined by a band to sew it to, or all four corners may be cut diagonally and the four joined for a neckpiece. When the handkerchiefs should have embroidered nothing could be in better taste.

Petticoat Ruffle.

If a girl is making a fancy white petticoat to wear with transparent skirts she cannot have a prettier ruffle on it than one made of handkerchiefs. A dozen or even more will be needed, and each one is cut in the middle of one side up through to the center. Then a small circle is cut out. This may be quite perfectly done by turning a bread and butter plate upside down and making a mark by which to cut. When all the handkerchiefs have been so treated, they are sewed together over and over on the edges that were cut by slashing the side. It will be found after all these are joined, that a circular ruffle, full at the bottom, but straight at the top, has been formed, the whole having deep hemstitched points. Such a ruffle, trimmed with narrow Val lace would be charming for a dress of handkerchief linen.

Silk handkerchiefs are better for some articles than are linen. The former make beautiful and serviceable work bags, for they wash perfectly. For this either a fancy one or one having a wide border of solid color should be chosen. It is then spread out flat and a circle drawn in it just below the hem. This circle is cut out. The ruffle is then gathered around the neck and the piece of soft ribbon, and it is also run through the middle. This forms two gathering places for the drawing ribbon. Run this through, tying in small bows, and the result is a pretty bag. A large handkerchief should, of course, be chosen.

Smart darning ties are made from silk handkerchiefs. If a fancy one is chosen two will be required. One is cut diagonally across. This is for the knot and ends. The other is required to stretch across the collar foundation and to bring around to meet in front so that the tie will look like a "made" one. The two triangles are then knotted in a four-in-hand bow and tacked into place in the front. Plain and striped effects are particularly nice for this.

Fancy embroidered handkerchiefs make exquisite chemises. They should be cut in two and joined on the hem edges, so that the embroidery will come in the middle. Another look like a "made" one, form the standing collar, leaving pieces from which cuff bands may be made.

A FEW HELPFUL HINTS AND SUGGESTIONS FOR THIN GIRLS

"Laugh and grow fat" isn't as easy a method as it sounds, but it is a great help toward gaining flesh to throw off worry, keep the mind cheerful, and enjoy yourself just as much as possible. So, stop brooding over the calamity of being scrawny and thin, and possessing bones that will persist in coming to the front. Get down to work, and before many months you will surprise yourself and your friends.

A Good Diet Helpful.

Diet plays an important part in gaining the desired plumpness, and nothing will help the painfully thin girl more than eating the kind of food she likes. The stomach is peculiar in this respect. It will nearly always digest what it likes and reject what it does not crave, and if you like your food and want it you may be sure it will do you good. If you wish to gain flesh you should always eat a light lunch before retiring, an empty stomach feeds upon the flesh of the body. Sleeping a glass of milk or cream every night is an excellent flesh producer.

What to Drink.

Take chocolate as many times a day as possible, not only as a drink, but in the shape of food, chocolate ice cream, chocolate pudding, and chocolate dishes of every kind, even to chocolate candy. Have the chocolate prepared with different flavors, vanilla, cinnamon, etc., in order to make it more acceptable to the palate. Many people are totally ignorant of the large amount of nourishment contained in chocolate. Cocoa

which is its foundation, contains all the principles of nutrition and a large proportion of fatty matter.

One of the meanest tricks nature can play a woman is to give her a thin, scrawny neck—one of the kind that refuses to wear a low evening frock, and is even hopeless under a dainty transparent yoke. If diet doesn't help, the situation can be tried, try exercise. The situation for this purpose is head rotation. Afterward bathe the neck in warm water to open the pores, and then rub in a generous quantity of good skin food.

To Develop the Chest.

An easy exercise to develop the chest and arms is to stand in an open door, place the hands palm downward on the door casing at a level with the shoulders, and walk back and forth through the door as far as possible without moving the hands. In connection with this learn to blow. It is a splendid thing to take a lighted candle and hold it in front of the lips. Draw in a deep breath and exhale quickly, blowing out the candle in a puff. Now do all sorts of stunts with your breath. Draw in a deep breath and exhale so slowly and gently that the candle flame does not even flicker. Rules for deep breathing have been given so frequently on this page that it is not necessary to repeat them, but it must not be forgotten that no one can hope for health and beauty unless the lungs are made to do their proper amount of work.



THE FASHIONABLE TURBAN.

The tiny pole turbans seem to grow in popularity rather than decrease, and on the right heads are wonderfully stylish. This model is black chip, slightly pointed in front, and has a large pale blue wing on each side.

JUST CONSIDER

How You Would Feel if You Were in Your Fiance's Place.

Would you like even the dearest girl in the world to exercise a certain air of ownership, and authority over you? Don't you think such an attitude might suggest the chances of being heckled after marriage?

Would you be proud of a sweetheart, no matter how pretty her face and how lovable her disposition, if she wore a \$20 hat and yet allowed her drop-skirt to hang in tattered ribbons or a safety-pin to show below her leather girdle?

Would you enjoy hearing her make "catty" remarks about other girls? Don't you think you would rather hear her say pleasant things about her friends if only as proof of a generous nature?

Would you like to be kept waiting anywhere from ten to twenty minutes, when you called to escort her to the theater or the dance? Of course, she might be making herself even more pretty than usual, but would not the wait in the dim parlor suggest a longer wait for breakfast or dinner with busy

ness engagements calling you down town—when the happy honeymoon in the tiny flat or cottage comes?

Would you like her to accept the flowers you send, the candy or the trifling gift, as if it were due her and not as a thoughtful courtesy deserving grateful appreciation?

Would you like the dearest girl in the world to betray a too intimate knowledge of another man's affairs? Perhaps she may have been engaged to this other man, or just a good comrade and friend, but you would want her to forget that page of the past, now that you have turned over a fresh one for her.

Would you feel entirely comfortable in the company of a girl who was always looking for hidden meanings in what you said? Of course, being a man, you would probably say what you thought, without the reservation peculiar to the feminine mind, and you would wonder why the dearest girl in the world was always taking offense at some hidden thought in your simplest sentences. The quivering chin, the clinging demand for protection, the plea to "kiss and make up" are all very well for a time—but even the most loyal chap may find himself wondering whether this oversensitiveness before marriage may not lead to certain lectures and hysterics afterward.

To be sure, a man in love is more or less blind, but there are moments when the man of 1935 suggests a clearness like unto a revelation.

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